## CLAIMS

1. A heat-generating cosmetic comprising

polyhydric alcohol / and/or a polyoxýalkylene carbon /atoms) | glycol (having 2 or 3 adduct; generates heat in contact with water,

one or more compounds selected from the (b) silicić acid silicic consisting of anhydride, hydrate, synthetic hydrotalcite and synthetic calcined hydrotalcite, and

a thickening/agent, and which is substantially non-aqueous.

2. A heat-generating cosmetic comprising

- a polyøxyalkylene (having 2 or 3 carbon atoms)glycol adduct, which generates heat in contact with water,
- zeolite, and
- a thi/ckening agent, (c) and which /is substantially non-aqueous.

3. The heat-generating cosmetic according to either Claim 1 or 2, wherein said polyhydric alcohol or polyoxyalkylene (having 2 or 3 carbon atoms)-glycol adduct is at least one selected from\ the group compound consisting 25 polyethylene glycol, 1, \\$-butylene glycol, polyoxyethylene glyceryl ether and polyoxyethylenemodified organosiloxane.

- 4. The heat-generating cosmettc according to either Claim 30 1 or 2, wherein said thickening agent is at least one thè compound selected from group consisting hydroxypropyl cellulose, aluminum starch octenylsuccinate, synthetic aluminum silicate and kaolin.
- 5. The heat-generating cosmetic according to any one of 35

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Claims 1 to 4, which further comprises polyacrylate powder. (d) sodium